

MON

TUE

O Centre Name: AACC Bukit Batok West

Centre Address: Blk 439 Bukit Batok West Ave 8 #02-01 (S) 650439

**Centre Contact:** 69705829 / 81632705

50439 FRI



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IN OIL	102	WED		1	2
				Fun with Razak @10am-10.45am	Gardening @8.30am-12pm
				Line Dance @10am-11am	Chinese Calligraphy @9.30am-10.30am
				Rummy O @12pm-2pm	
				Fun@Dulwich @12.30pm-3pm	
				Recycle Art @1.30pm-3pm	
				Singing Class @2pm-4pm	
4	5	6	7	8	9
Fun with Razak @10am-10.45am		NUHS CHP @9am-12pm	Tai Chi/Qigong @8.30am-9.30am	Fun with Razak @10am-10.45am	Gardening @8.30am-12pm
Jamming cum Tea @12pm-1pm		Nagomi Art @9.30am-10.30am	Fun with Razak @10am-10.45am	Line Dance @10am-11am	
Crochet @10am-12pm	Centre Closed (Internal Event)	Fun with Razak @10am-10.45am	Rolling Good Times @10am-11.30am	Rummy O @12pm-2pm	
Karaoke @1.30pm-3pm		Haircut @10am-1pm	Ukulele Jamming@12pm-1.15pm	Recycle Art @1.30pm-3pm	
Chinese Dance @1.30pm-3pm		Square Stepping @10am-11am		Singing Class @2pm-4pm	
		Yoga-lates @2pm-3pm			
		Lego Project @3.30pm-5.30pm			

## 2024 March

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MON	TUE	Centre Contact: 69705829 / 81632705 WED THU		FRI CHEM SAT		
11	12	13	14	15	16	
Fun with Razak @10am-10.45am	Fun with Razak @10am-10.45am	NUHS CHP @9am-12pm	Tai Chi/Qigong @8.30am-9.30am	Fun with Razak @10am-10.45am	Gardening @8.30am-12pm	
Jamming cum Tea @12am-1pm	English Conversation @10am-11am	Nagomi Art @9.30am-10.30am	Fun with Razak @10am-10.45am	Line Dance @10am-11am	Chinese Calligraphy @9.30am-10.30am	
Crochet @10am-12pm	Malay Language Class @11am-12pm	Fun with Razak @10am-10.45am	Rolling Good Times @10am-11.30am	Rummy O @12pm-2pm		
Karaoke @1.30pm-3pm	Patchwork @1.30pm-4pm	Square Stepping @10am-11am	Ukulele Jamming@12pm-1.15pm	Recycle Art @1.30pm-3pm		
Chinese Dance @1.30pm-3pm		Yoga-lates @2pm-3pm		Singing Class @2pm-4pm		
		Lego Project @3.30pm-5.30pm				
18	19	20	21	22	23	
18 Fun with Razak @10am-10.45am	19 Chinatown Walking Tour @8.30am-12pm	NUHS CHP @9am-12pm	Tai Chi/Qigong @8.30am-9.30am	Fun with Razak @10am-10.45am	Gardening @8.30am-12pm	
Fun with Razak	Chinatown Walking Tour		Tai Chi/Qigong	Fun with Razak		
Fun with Razak @10am-10.45am Jamming cum Tea	Chinatown Walking Tour @8.30am-12pm Fun with Razak	NUHS CHP @9am-12pm Nagomi Art	Tai Chi/Qigong @8.30am-9.30am Fun@Jurong Lakeside	Fun with Razak @10am-10.45am		
Fun with Razak @10am-10.45am Jamming cum Tea @12pm-1pm	Chinatown Walking Tour  @8.30am-12pm  Fun with Razak  @10am-10.45am  English Conversation	NUHS CHP @9am-12pm  Nagomi Art  @9.30am-10.30am  Fun with Razak	Tai Chi/Qigong @8.30am-9.30am Fun@Jurong Lakeside @9am-12pm Fun with Razak	Fun with Razak @10am-10.45am  Line Dance @10am-11am		
Fun with Razak @10am-10.45am  Jamming cum Tea @12pm-1pm  Crochet @10am-12pm	Chinatown Walking Tour  @8.30am-12pm  Fun with Razak  @10am-10.45am  English Conversation  @10am-11am  Malay Language Class	NUHS CHP @9am-12pm  Nagomi Art @9.30am-10.30am  Fun with Razak @10am-10.45am	Tai Chi/Qigong @8.30am-9.30am  Fun@Jurong Lakeside @9am-12pm  Fun with Razak @10am-10.45am  Rolling Good Times	Fun with Razak @10am-10.45am  Line Dance @10am-11am  Rummy O @12pm-2pm		

NTUC Health Active Ageing Centres reserves all rights to modify or remove programmes at its discretion without prior notice. 职总保健活跃乐龄中心保留自行决定修改或删除计划的所有权利, 恕不另行通知。



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THU FRI





25	26	27	28	29	
Fun with Razak	Fun with Razak	国大医学组保健站	太极 & 气功	Fun with Razak	
@10am-10.45am	@10am-10.45am	@9am-12pm	@8.30am-9.30am	@10am-10.45am	
Jamming cum Tea	英语对话 @10am-11am	日本和谐粉彩艺术	Fun with Razak	排舞 @10am-11am	
@12pm-1pm		@9.30am-10.30am	@10am-10.45am		
钩针编织 @10am-12pm	陶笛工作坊	Fun with Razak	Rolling Good Times		
刊刊等 @ 10am-12pm	@10am-12.30pm	@10am-10.45am	@10am-11.30am	Rummy O @12pm-2pm	
华族舞 @1.30pm-3pm	Patchwork(补缀品)	方形踏步 @10am-11am	Ukulele	回收艺术 @1.30pm-3pm	
— 11X 94 @ 1.30pm 3pm	@1.30pm-4pm	フカルロタ @ 10dm 11dm	Jamming@12pm-1.15pm	四水乙水 @ 1.50pm 5pm	
摇竹工作坊		瑜伽提斯 @2pm-3pm		歌唱班 @2pm-4pm	
@2.30pm-4pm				пл. на матема и при при при при при при при при при п	
茶舞 @3pm-5pm		Lego 编码			
Mat Cohin Shin		@3.30pm-5.30pm			