

2026 March

📍 **Centre Name:** AAC (Kampung Kembangan)
 🏠 **Centre Address:** Blk 102 #01-389 Lengkong Tiga S410102
 📞 **Centre Contact:** 6715 6758 / 8031 2807 (WhatsApp Only)



MON	TUE	WED	THU	FRI	SAT
2	3	4	5	6	7
Let's Piloxing (Standing) 一起做皮拉提拳击 (站立) (\$5 per session) 9:00am - 10:00am (Registration Required) (需要报名)	F4 (Let's Piloxing (Seated)) F4 (一起做皮拉提拳击 (坐式)) (\$5 per session) 9:00am - 10:00am (Registration Required) (需要报名)	Let's Taichi (IL) @Blk 108 一起打太极 (IL) @Blk 108 9:00am - 10:00am (Registration Required) (需要报名)	F4 (Let's Brisk Walk) F4 (一起快步走) 7:30am - 8:30am	Let's Chair Zumba 一起做坐式尊巴 9:00am - 10:00am (Registration Required) (需要报名)	
Let's Strategise with Kakis 游戏时间 (桌游) 2:00pm - 4:00pm	Let's Makan Together - F4 一起来 makan - F4 10:00am - 11:00am	Let's Social Dance 让我们一起跳舞吧 11:00am - 12:30pm	Let's Makan Together - F4 一起来 makan - F4 9:00am - 10:00am	Current affair U&Me 时事新闻你和我 10:30am - 11:30am	
Let's Line Dance 一起跳排舞 3:00pm - 4:30pm	Let's pick up - Conversational Malay Intermediate Level (Conducted in English) 一起学马来语 (中级) 2:00pm - 3:00pm	Let's Do Crochet (Interest group) 一起来学钩针编织吧 (兴趣小组) 2:00pm - 4:00pm	Let's Jam with Ukulele 一起玩乌克丽丽 (Interest Group) 10:00am - 12:00pm	Let's Celebrate (Birthday) 一起来庆生 12:00pm - 2:00pm	
	Let's Strategise with Kakis 游戏时间 (桌游) 2:00pm - 4:00pm	Let's Strategise with Kakis 游戏时间 (桌游) 2:00pm - 4:00pm	Let's Strategise with Kakis 游戏时间 (桌游) 2:00pm - 4:00pm	Let's KTV Together 一起来K歌 (\$2 per session) 2:00pm - 5:00pm (Registration Required) (需要报名)	
		Let's KTV Together 一起来K歌 (\$2 per session) 2:00pm - 5:00pm (Registration Required) (需要报名)			

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MON	TUE	WED	THU	FRI	SAT
9	10	11	12	13	14
Let's Piloxing (Standing) 一起做皮拉提拳击 (站立) (\$5 per session) 9:00am - 10:00am (Registration Required) (需要报名)	Centre Closure (Internal Event)	Let's Taichi (IL) @Blk 108 一起打太极 (IL) @Blk 108 9:00am - 10:00am (Registration Required) (需要报名)	F4 (Let's Brisk Walk) F4 (一起快步走) 7:30am - 8:30am	Let's Chair Zumba 一起做坐式尊巴 9:00am - 10:00am (Registration Required) (需要报名)	CPF Talk by RN 公积金讲座 2:00pm - 4:30pm (Registration Required) (需要报名)
Let's Strategise with Kakis 游戏时间 (桌游) 2:00pm - 4:00pm		Let's Social Dance 让我们一起跳舞吧 11:00am - 12:30pm	Let's Makan Together - F4 一起来 makan - F4 9:00am - 10:00am	Let's Strategise with Kakis 游戏时间 (桌游) 2:00pm - 4:00pm	
Digital Club @ NTUC Health (在线交易·市民服务 (Singpass)) (Conducted in Mandarin) 2:00pm - 4:00pm (Registration Required) (需要报名)		Let's Do Crochet (Interest group) 一起来学钩针编织吧 (兴趣小组) 2:00pm - 4:00pm	Let's Jam with Ukulele 一起玩 乌克兰丽 (Interest Group) 10:00am - 12:00pm	Let's KTV Together 一起来K歌 (\$2 per session) 2:00pm - 5:00pm (Registration Required) (需要报名)	
Let's Line Dance 一起跳排舞 3:00pm - 4:30pm		Let's Strategise with Kakis 游戏时间 (桌游) 2:00pm - 4:00pm	Let's Strategise with Kakis 游戏时间 (桌游) 2:00pm - 4:00pm	Let's Pick Up - Conversational English (Conducted in Mandarin) 一起学 (英语) 7.30pm - 8.30pm	
		Let's KTV Together 一起来K歌 (\$2 per session) 2:00pm - 5:00pm (Registration Required) (需要报名)			

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MON	TUE	WED	THU	FRI	SAT
16	17	18	19	20	21
Let's Piloxing (Standing) 一起做皮拉提拳击 (站立) (\$5 per session) 9:00am - 10:00am (Registration Required) (需要报名)	F4 (Let's Piloxing (Seated)) F4 (一起做皮拉提拳击 (坐式)) (\$5 per session) 9:00am - 10:00am (Registration Required) (需要报名)	Let's Taichi (IL) @Blk 108 一起打太极 (IL) @Blk 108 9:00am - 10:00am (Registration Required) (需要报名)	F4 (Let's Brisk Walk) F4 (一起快步走) 7:30am - 8:30am	Let's Chair Zumba 一起做坐式尊巴 9:00am - 10:00am (Registration Required) (需要报名)	
Let's Strategise with Kakis 游戏时间 (桌游) 2:00pm - 4:00pm	Let's Go Gai Gai @ East Coast Park (Mental Recharge Fun Bus) 精神充电趣味巴士之旅 9:00am-12:00pm (Registration Required) (需要报名)	Let's Social Dance 让我们一起跳舞吧 11:00am - 12:30pm	Let's Makan Together - F4 一起来 makan - F4 9:00am - 10:00am	Let's Strategise with Kakis 游戏时间 (桌游) 2:00pm - 4:00pm	
Let's Line Dance 一起跳排舞 3:00pm - 4:30pm	Let's Makan Together - F4 一起来 makan - F4 10:00am - 11:00am	Let's Do Crochet (Interest group) 一起来学钩针编织吧 (兴趣小组) 2:00pm - 4:00pm	Let's Jam with Ukulele 一起玩乌克丽丽 (Interest Group) 10:00am - 12:00pm	Let's KTV Together 一起来K歌 (\$2 per session) 2:00pm - 5:00pm (Registration Required) (需要报名)	
	Let's pick up - Conversational Malay Intermediate Level (Conducted in English) 一起学马来语 (中级) 2:00pm - 3:00pm	Let's Strategise with Kakis 游戏时间 (桌游) 2:00pm - 4:00pm	Let's Talk About Domestic Helpers Talk 让我们来谈谈家政服务人员吧 2:00pm - 3:30pm		
	Let's Strategise with Kakis 游戏时间 (桌游) 2:00pm - 4:00pm	Let's KTV Together 一起来K歌 (\$2 per session) 2:00pm - 5:00pm (Registration Required) (需要报名)	Let's Strategise with Kakis 游戏时间 (桌游) 2:00pm - 4:00pm		

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MON	TUE	WED	THU	FRI	SAT
23	24	25	26	27	28
Let's Piloxing (Standing) 一起做皮拉提拳 击(站立) (\$5 per session) 9:00am - 10:00am (Registration Required) (需要报名)	F4 (Let's Piloxing (Seated)) F4 (一起做皮拉提拳 击(坐式)) (\$5 per session) 9:00am - 10:00am (Registration Required) (需要报名)	Let's Taichi (IL) @Blk 108 一起打太极 (IL) @Blk 108 9:00am - 10:00am (Registration Required) (需要报名)	F4 (Let's Brisk Walk) F4 (一起快步走) 7:30am - 8:30am	Let's Chair Zumba 一起做坐式尊巴 9:00am - 10:00am (Registration Required) (需要报名)	
Let's Strategise with Kakis 游戏时间 (桌游) 2:00pm - 4:00pm	Let's Makan Together - F4 一起来 makan - F4 10:00am - 11:00am	Let's Social Dance 让我们一起跳舞吧 11:00am - 12:30pm	Let's Makan Together - F4 一起来 makan - F4 9:00am - 10:00am	Current affair U&Me 时事新闻你和我 10:30am - 11:30am	
Let's Line Dance 一起跳排舞 3:00pm - 4:30pm	Project PRAISE (Conducted in Malay) 11:00am - 12:00pm (Registration Required) (需要报名)	Let's Do Crochet (Interest group) 一起来学钩针编织吧 (兴趣小组) 2:00pm - 4:00pm	Let's Jam with Ukulele 一起玩乌克丽丽 (Interest Group) 10:00am - 12:00pm	Let's Strategise with Kakis 游戏时间 (桌游) 2:00pm - 4:00pm	
	Digital Club @ NTUC Health (Transact Online: Citizen Services (Singpass)) (Conducted in English) 2:00pm - 4:00pm (Registration Required) (需要报名)	Let's Strategise with Kakis 游戏时间 (桌游) 2:00pm - 4:00pm	Let's Strategise with Kakis 游戏时间 (桌游) 2:00pm - 4:00pm	Let's KTV Together 一起来K歌 (\$2 per session) 2:00pm - 5:00pm (Registration Required) (需要报名)	
	Let's Strategise with Kakis 游戏时间 (桌游) 2:00pm - 4:00pm	Let's KTV Together 一起来K歌 (\$2 per session) 2:00pm - 5:00pm (Registration Required) (需要报名)	Let's Strategise with Kakis 游戏时间 (桌游) 2:00pm - 4:00pm	Let's Pick Up - Conversational English (Conducted in Mandarin) 一起学 (英语) 7.30pm - 8.30pm	

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MON	TUE	WED	THU	FRI	SAT
30	31				
Let's Piloxing (Standing) 一起做皮拉提拳 击(站立) (\$5 per session) 9:00am - 10:00am (Registration Required) (需要报名)	F4 (Let's Piloxing (Seated)) F4 (一起做皮拉提拳 击(坐式)) (\$5 per session) 9:00am - 10:00am (Registration Required) (需要报名)				
Let's Say No To Frailty 10:30am - 12:30pm (Registration Required) (需要报名)	Let's Gen Together - Secondary (North Vista Secondary) 代际交流 - 中学 (North Vista) 9:00am - 11:30am (Registration Required) (需要报名)				
Digital Club @ NTUC Health (Berurusan Secara Dalam Talian) (Conducted in Malay) 2:00pm - 4:00pm (Registration Required) (Pendaftaran diperlukan)	Let's Makan Together - F4 一起来 makan - F4 10:00am - 11:00am				
Let's Line Dance 一起跳排舞 3:00pm - 4:30pm	Let's Strategise with Kakis 游戏时间(桌游) 2:00pm - 4:00pm				

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