

2026 March

 **Centre Name:** AACC (Tampines)
 **Centre Address:** 1 Tampines Street 22 S529367
 **Centre Contact:** 9457 2665



MON

TUE

WED

THU

FRI

SAT

2	3	4	5	6	7
<p>Let's Kpop 一起跳K-POP 9AM - 10AM @ Blk 278 OPEN PLAZA</p>	<p>Let's Line Dance 一起跳排舞 9:30AM - 10:30AM @ Blk 274 VOID DECK</p>	<p>Let's Stretch Band 一起做弹力带拉筋操 8:30AM - 9:30AM @ Blk 274 VOID DECK</p>	<p>Let's Taichi 一起打太极 9AM - 10AM @ BETWEEN Blk 273 & Blk 274</p>	<p>Let's Zumba Gold 一起跳尊巴 (乐龄版) 9AM - 10AM @ Blk 278 OPEN PLAZA</p>	
	<p>Let's Steel Combat (Male Exclusive) 一起练钢铁拳击 (只限男性) 10AM - 11AM @ BLK 275 VOID DECK *Registration Required*</p>				
	<p>Let's Yoga - Shoulder & Neck 肩颈理疗瑜伽 11AM - 12PM @ 285 Tampines Changkat Zone 4 RN *Registration Required*</p>			<p>NEW - Strategize with Kakis (SEQUENCE) 新活动推出 与朋友一起挑战序列 (桌游) 2PM - 4.30PM @ 285 Tampines Changkat Zone 4 RN *Registration Required*</p>	
<p>Strategise with Kakis (Mahjong) 快乐麻将 2:30PM - 5:00PM @ NTUC Health AACC Tampines Lvl 1 *Registration Required*</p>	<p>Let's Zentangle - Joy of Art 一起做禅绕画 11AM - 12PM @ 285 Tampines Changkat Zone 4 RN *Registration Required*</p>	<p>Strategise with Kakis (Rummy-O) 与朋友一起策略 (桌游) 2PM - 4:30PM @ 285 Tampines Changkat Zone 4 RN *Registration Required*</p>	<p>Strategise with Kakis (Rummy-O) 与朋友一起策略 (桌游) 2PM - 4:30PM @ 285 Tampines Changkat Zone 4 RN *Registration Required*</p>		
	<p>Let's Do Crochet (Beginners) 初级钩针编织 2PM - 4PM @ 285 Tampines Changkat Zone 4 RN *Registration Required*</p>		<p>Let's Yum Cha Together at Activity 活动中共聚下午茶 3:30PM - 4PM @ 285 Tampines Changkat Zone 4 RN *Registration Required*</p>	<p>Strategise with Kakis (Rummy-O) 与朋友一起策略 (桌游) 2PM - 4:30PM @ 285 Tampines Changkat Zone 4 RN *Registration Required*</p>	

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MON

TUE

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THU

FRI

SAT

9

10

11

12

13

14

Let's Kpop
一起跳K-POP
9AM - 10AM
@ Blk 278 OPEN PLAZA

Let's Stretch Band
一起做弹力带拉筋操
8:30AM - 9:30AM
@ Blk 274 VOID DECK

Let's Taichi
一起打太极
9AM - 10AM
@ BETWEEN Blk 273 & Blk 274

Let's Zumba Gold
一起跳尊巴 (乐龄版)
9AM - 10AM
@ Blk 278 OPEN PLAZA

Let's Talk News & Let's YumCha
一起阅读新闻与喝咖啡
10AM - 11:30AM
@ NTUC Health AACC Tampines Lvl 1
Registration Required

CENTRE CLOSED

Let's Learn to Tech (English)
一起学科技 (英语)
2PM - 3.30PM
@ 285 Tampines Changkat Zone 4 RN
Registration Required

NEW - Strategize with Kakis (SEQUENCE)
新活动推出
与朋友一起挑战序列 (桌游)
2PM - 4.30PM
@ 285 Tampines Changkat Zone 4 RN
Registration Required

Let's Go Gai Gai - Kok Fah Farm + Weekend Market
8:30AM - 12:30pm
一起去国华菜农场 + 周末市场
@ NTUC Health AACC Tampines Lvl 1
***Registration Required - 30 Slots**
Transport Fee: \$5* / \$22

Strategise with Kakis (Mahjong)
快乐麻将
2:30PM - 5:00PM
@ NTUC Health AACC Tampines Lvl 1
Registration Required

Strategise with Kakis (Rummy-O)
与朋友一起策略 (桌游)
2PM - 4:30PM
@ 285 Tampines Changkat Zone 4 RN
Registration Required

Strategise with Kakis (Rummy-O)
与朋友一起策略 (桌游)
2PM - 4:30PM
@ 285 Tampines Changkat Zone 4 RN
Registration Required

Let's Yum Cha Together at Activity
活动中共聚下午茶
3:30PM - 4PM
@ 285 Tampines Changkat Zone 4 RN
Registration Required

Strategise with Kakis (Rummy-O)
与朋友一起策略 (桌游)
2PM - 4:30PM
@ 285 Tampines Changkat Zone 4 RN
Registration Required

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MON

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SAT

16	17	18	19	20	21
<p>Let's Kpop 一起跳K-POP 9AM - 10AM @ Blk 278 OPEN PLAZA</p>	<p>Let's Line Dance 一起跳排舞 9:30AM - 10:30AM @ Blk 274 VOID DECK</p>	<p>Let's Stretch Band 一起做弹力带拉筋操 8:30AM - 9:30AM @ Blk 274 VOID DECK</p>	<p>Let's Taichi 一起打太极 9AM - 10AM @ BETWEEN Blk 273 & Blk 274</p>	<p>Let's Zumba Gold 一起跳尊巴 (乐龄版) 9AM - 10AM @ Blk 278 OPEN PLAZA</p>	<p>SELAMAT HARI RAYA!</p>
	<p>Let's Steel Combat (Male Exclusive) 一起练钢铁拳击 (只限男性) 10AM - 11AM @ BLK 275 VOID DECK *Registration Required*</p>				
	<p>Let's Yoga - Shoulder & Neck 肩颈理疗瑜伽 11AM - 12PM @ 273 Tampines Changkat Zone 5 RN *Registration Required*</p>	<p>Let's Go Gai Gai - Haw Par Villa Hell's Museum Only + Lunch 一起去虎豹别墅十殿阎罗 + 午餐 9:15AM - 12:30PM @ NTUC Health AACC Tampines Lvl 1 *Registration Required - 40 Slots \$8 / \$22*</p>	<p>Service Wellness - Community Health Post (CHP) 服务 - 社区保健站 9:30AM - 12PM @ NTUC Health AACC Tampines Lvl 1 (RSVP ONLY)</p>	<p>NEW - Strategize with Kakis (SEQUENCE) 新活动推出 与朋友一起挑战序列 (桌游) 2PM - 4.30PM @ 285 Tampines Changkat Zone 4 RN *Registration Required*</p>	
<p>Strategise with Kakis (Mahjong) 快乐麻将 2:30PM - 5:00PM @ NTUC Health AACC Tampines Lvl 1 *Registration Required*</p>	<p>Let's Zentangle - Joy of Art 一起做禅绕画 11AM - 12PM @ 273 Tampines Changkat Zone 5 RN *Registration Required*</p>	<p>Strategise with Kakis (Rummy-O) 与朋友一起策略 (桌游) 2PM - 4:30PM @ 285 Tampines Changkat Zone 4 RN *Registration Required*</p>	<p>Strategise with Kakis (Rummy-O) 与朋友一起策略 (桌游) 2PM - 4:30PM @ 285 Tampines Changkat Zone 4 RN *Registration Required*</p>		
	<p>Let's Do Crochet (Beginners) 初级钩针编织 2PM - 4PM @ 273 Tampines Changkat Zone 5 RN *Registration Required*</p>		<p>Let's Celebrate March Birthday + Let's Yum Cha Together at activity 一起庆祝三月生日 + 活动中共聚下午茶 3:30PM - 4PM @ 285 Tampines Changkat Zone 4 RN *Registration Required*</p>	<p>Strategise with Kakis (Rummy-O) 与朋友一起策略 (桌游) 2PM - 4:30PM @ 285 Tampines Changkat Zone 4 RN *Registration Required*</p>	

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23

24

25

26

27

28

**CENTRE CLOSED
PUBLIC HOLIDAY
SELAMAT HARI
RAYA!**

Let's Line Dance
一起跳排舞
9:30AM - 10:30AM
@ Blk 274 VOID DECK

Let's Stretch Band
一起做弹力带拉筋操
8:30AM - 9:30AM
@ Blk 274 VOID DECK

Let's Taichi
一起打太极
9AM - 10AM
@ BETWEEN Blk 273 & Blk 274

Let's Zumba Gold
一起跳尊巴 (乐龄版)
9AM - 10AM
@ Blk 278 OPEN PLAZA

Let's Talk News & Let's Lim Kopi
一起阅读新闻与喝咖啡
10AM - 11:30AM
@ NTUC Health AACC Tampines
Lvl 1
Registration Required

Let's Yoga - Shoulder & Neck
肩颈理疗瑜伽
11AM - 12PM
@ 273 Tampines Changkat Zone 5 RN
Registration Required

Let's Learn to Tech (Mandarin)
一起学科技 (华语)
2PM - 3.30PM
@ 285 Tampines Changkat Zone 4 RN
Registration Required

NEW - Strategize with Kakis (SEQUENCE)
新活动推出
与朋友一起挑战序列 (桌游)
2PM - 4.30PM
@ 285 Tampines Changkat Zone 4 RN
Registration Required

Let's Zentangle - Joy of Art
一起做禅绕画
11AM - 12PM
@ 273 Tampines Changkat Zone 5 RN
Registration Required

Strategise with Kakis (Rummy-O)
与朋友一起策略 (桌游)
2PM - 4:30PM
@ 285 Tampines Changkat Zone 4 RN
Registration Required

Strategise with Kakis (Rummy-O)
与朋友一起策略 (桌游)
2PM - 4:30PM
@ 285 Tampines Changkat Zone 4 RN
Registration Required

Let's Do Crochet (Beginners)
初级钩针编织
2PM - 4PM
@ 273 Tampines Changkat Zone 5 RN
Registration Required

Let's Yum Cha Together at Activity
活动中共聚下午茶
3:30PM - 4PM
@ 285 Tampines Changkat Zone 4 RN
Registration Required

Strategise with Kakis (Rummy-O)
与朋友一起策略 (桌游)
2PM - 4:30PM
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30	31				
<p>Let's Kpop 一起跳K-POP 9AM - 10AM @ Blk 278 OPEN PLAZA</p>	<p>Let's Line Dance 一起跳排舞 9:30AM - 10:30AM @ Blk 274 VOID DECK</p>				
	<p>Let's Steel Combat (Male Exclusive) 一起练钢铁拳击 (只限男性) 10AM - 11AM @ BLK 275 VOID DECK <i>*Registration Required*</i></p>				
	<p>Let's Yoga - Shoulder & Neck 肩颈理疗瑜伽 11AM - 12PM @ 273 Tampines Changkat Zone 5 RN <i>*Registration Required*</i></p>				
<p>Strategise with Kakis (Mahjong) 快乐麻将 2:30PM - 5:00PM @ NTUC Health AACC Tampines Lvl 1 <i>*Registration Required*</i></p>	<p>Let's Zentangle - Joy of Art 一起做禅绕画 11AM - 12PM @ 273 Tampines Changkat Zone 5 RN <i>*Registration Required*</i></p>				
	<p>Let's Do Crochet (Beginners) 初级钩针编织 2PM - 4PM @ 273 Tampines Changkat Zone 5 RN <i>*Registration Required*</i></p>				

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