

 **ntuc**
Health



Home Care

*Close to Home,
Close to Heart*



“ Thank you for what you have done for my mother. She always looked forward to your visits! From the way you cared for my mother, it is obvious home care is not a job to you, but a calling. ”

**- Ms Joni,
family member of client**



Age in surroundings you know and love.

Receive personalised care at home, where you feel most comfortable and safe.



Is Home Care Right For You?

Speak to us if you need help in:

- Post-discharge care
- Rehabilitation for recovery from stroke
- Dementia care
- Temporary care while your caregiver/helper are away
- Personal Hygiene (Showering/bed bath)

Why Choose NTUC Health Home Care?



Comprehensive Services Delivered Island-wide

We operate island-wide 24/7 including long-hours service. One of the pioneers of home personal care, our services now include home therapy, medical and nursing.



Trained In-house Team

To ensure consistent quality in our service, we engage and train our own staff, equipping them with best practices in care delivery.

Close to Home, Close to Heart



Home Care Services

Let our care associates help with:

- Personal hygiene care like showering and toileting
- Recreational activities to improve mental alertness and manage dementia
- Grocery shopping and meal preparation
- Escort for medical appointments
- Simple exercises to improve strength and balance



Home Therapy

Let our therapy professionals work together with you to improve your mobility and remain independent:

- Recommend a suitable treatment plan
- Teach you how to use assistive devices like wheelchair and frames
- Prescribe and guide in exercises to improve speech and swallowing
- Assess how safe your home is and recommend changes



Home Nursing

Our nurses can help with:

- Checking, packing, and administering of medication
- Changing of feeding tube and urinary catheter
- Removal of stitches/staples
- Wound and stoma care



Home Medical

We can arrange for a doctor to visit at your home for check-ups and consultations.



Interim Caregiver Service (ICS)

**Need temporary care after a hospital discharge?
We provide short-term nursing support while you arrange for long-term care or for a domestic helper to arrive.**

Government Subsidies

Singapore Citizens or Permanent Residents are eligible to apply for government subsidy.

The amount of subsidy will be determined through a National Means Test.

You may contact us to check if you are eligible.



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E: homecare@ntuhealth.sg

W: ntuhealth.sg/home-care/

“ *Many thanks to NTUC Health for rendering home care services to allow us to take a break from caring for our loved ones, which helps in relieving stress.* ”

- Ms Teo,
family member of client

About NTUC Health

NTUC Health Co-operative Limited (NTUC Health) is an NTUC social enterprise that provides a comprehensive and integrated suite of quality and affordable health and eldercare services to meet the growing needs of families and their dependents. Building on more than four decades of experience and expertise, NTUC Health is among the largest senior day care, nursing home and home personal care providers in Singapore. We also offer other services for seniors such as active ageing programmes at our active ageing hubs and senior activity centres, community support for vulnerable seniors, and a sheltered / senior group home. In addition, we run a chain of dental clinics, and a family medicine clinic.

We also aim to enable 'Ageless Seniors' by supporting every senior to maintain a youthful enthusiasm for life, and to embrace their potential to make a difference to our community.



SERVICES

Senior Day Care | Home Care | Nursing Home | Active Ageing
Rehabilitation and Physiotherapy | Family Medicine | Dental

COMMUNITY SUPPORT

Senior Activity Centres | Community Care | Henderson Home

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