

U^{ntuc} Health

CHAI CHEE STREET

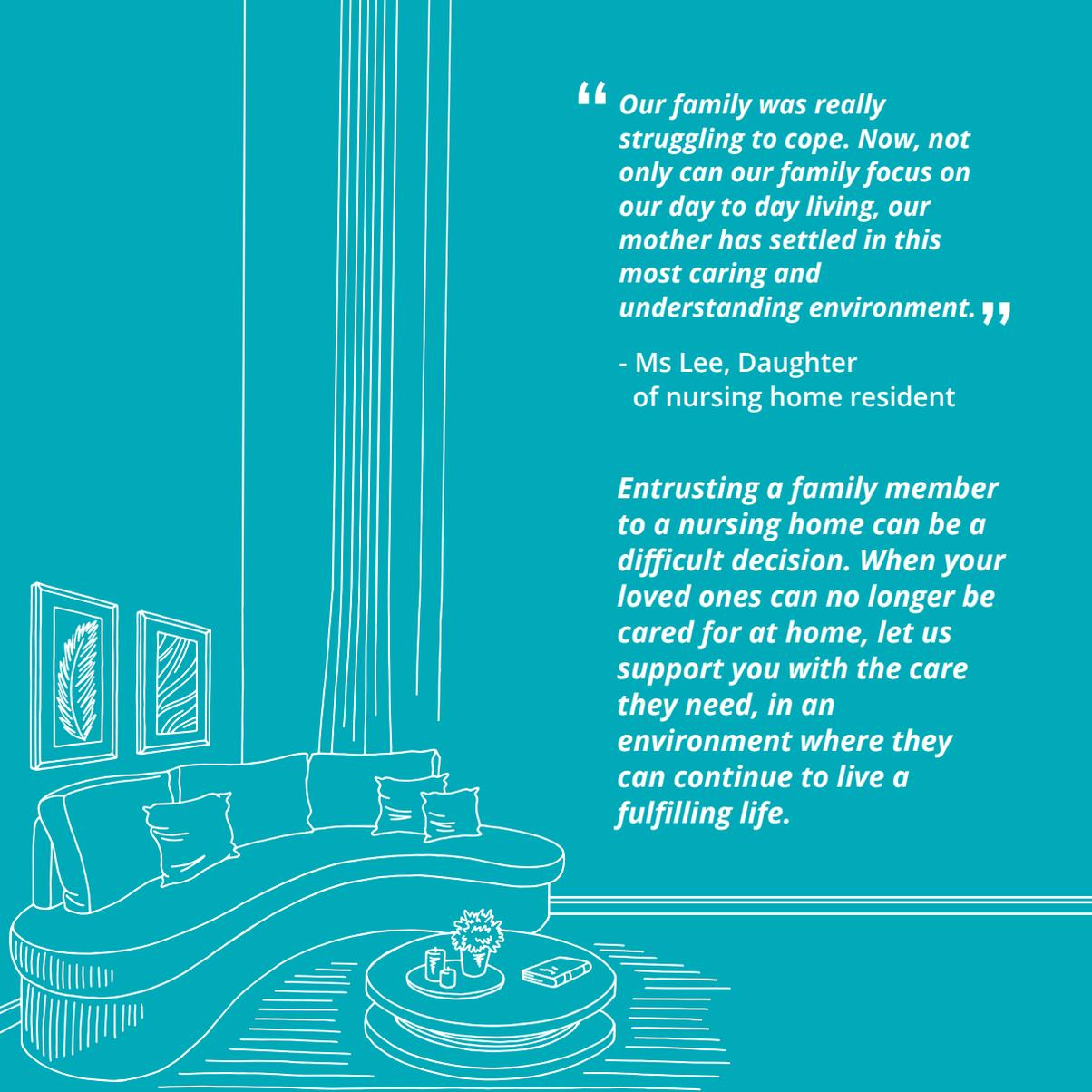
快乐时光



Nursing Home

Feel Right At Home
With Us





“ Our family was really struggling to cope. Now, not only can our family focus on our day to day living, our mother has settled in this most caring and understanding environment. ”

**- Ms Lee, Daughter
of nursing home resident**

Entrusting a family member to a nursing home can be a difficult decision. When your loved ones can no longer be cared for at home, let us support you with the care they need, in an environment where they can continue to live a fulfilling life.

Services in NTUC Health's Nursing Home



Professionals with Heart

Our staff are equipped with both skills and passion to serve.



Resident Participation

Residents are encouraged to continue to do simple tasks for themselves and even volunteer for others.



Active Living

Daily exercises and our customised rehabilitation programmes will help residents remain active and independent as much as possible.

Serving Different Care Needs



Medical and Nursing Care

Your loved one can receive the support they need.

This includes:

- Customised care plans to meet individual needs
- Regular medical, nutritional and dental checks
- Assistance with daily activities and living



Rehabilitation and Exercise

Tailored programmes can help retain quality of life.

- Regular exercises and therapy sessions to stay physically active
- Perform daily tasks with rehabilitation programmes eg. showering, cooking
- Regain independence and live more comfortably with optional diaper-free programmes



Activities and Interest Groups

Your loved one will remain active and connected with the community through:

- Regular activities run by volunteers
- Opportunity to form and drive their own interest groups
- Volunteering opportunities to help fellow residents



Short-term Care Options

Plan ahead for times when you may need caregiving breaks, and get emergency support when you need it.

Your loved ones can be enrolled in our respite care for a minimum of 7 days to a maximum of 30 days.

How Do I Apply?

Chat with us to find out how to apply and about your eligibility for financial assistance and government subsidies.

“ *I really appreciate the staff who have taken such good care of my wife. I can see how she has improved and can even eat all by herself now, which is something she was not able to do before!* ”

- Mr Gan, Husband of nursing home resident Mdm Ang



T: 6715 6715

E: care@ntuhealth.sg

W: ntuhealth.sg/nursing-home

About NTUC Health

NTUC Health Co-operative Limited (NTUC Health) is an NTUC social enterprise that provides a comprehensive and integrated suite of quality and affordable health and eldercare services to meet the growing needs of families and their dependents. Building on close to three decades of experience and expertise, NTUC Health is among the largest providers of active ageing, senior day care, nursing home and home personal care services in Singapore. We also serve vulnerable seniors in selected areas in Singapore through Community Case Management Services (CCMS), CREST mental health support, and a sheltered senior group home. In addition, we run a family medicine clinic.

Our purpose is to achieve 'health for life'; enabling healthy and fulfilling years by being a trusted partner of seniors and their families in our community.



SERVICES

Senior Day Care | Home Care
Nursing Home | Active Ageing and Senior Fitness
Rehabilitation and Physiotherapy | Family Medicine

COMMUNITY SUPPORT

CCMS (Community Case Management Services)
CREST (Community Resource, Engagement and Support Team)
Henderson Home

NTUC HEALTH CO-OPERATIVE LIMITED

T: 6715 6715 | **E:** care@ntuhealth.sg
W: ntuhealth.sg | [f](#) [i](#) [v](#) [in](#) @NTUC Health



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